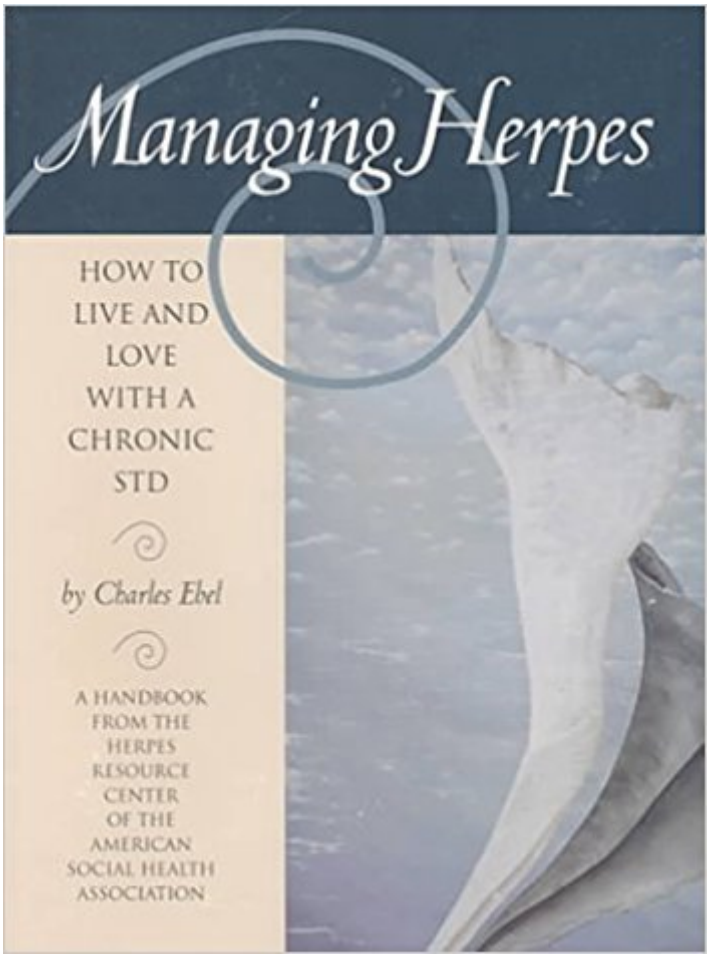
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Managing Herpes: How To Live And Love With A Chronic STD



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Synopsis

Now in its 3rd edition, Managing Herpes provides a balanced perspective on the medical and emotional issues surrounding genital herpes. Nineteen chapters cover recurrences, treatment options, transmission, pregnancy, telling your partner, impact of sexuality, long-term relationships, vaccine research and more. The definitive book for information on herpes. --This text refers to an out of print or unavailable edition of this title.

Book Information

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Customer Reviews

With 20 percent of the American population now carrying the virus that causes genital herpes, the revised edition of this book, first published in 1994 by a nonprofit organization dedicated to stopping sexually transmitted diseases, is timely and welcome. Written for lay readers, it provides the latest information on the diagnosis and treatment of genital herpes as well as balanced, supportive advice on living with this chronic disease. The author is very reassuring as he tells readers that normal life, including sexual relationships and childbearing, is possible and that several options are available for managing outbreaks. He stresses the importance of open communication and safe sex practices. A bibliography, glossary, and resource list provide further information. As the only title currently available on herpes, this useful book is highly recommended for all collections.?Barbara M. Bibel, Oakland P.L., Cal.Copyright 1998 Reed Business Information, Inc.

Anyone embarking on the journey toward adjustment and acceptance of genital herpes should have this invaluable resource. -- Carl Vanderplate, Ph.D.Managing Herpes is a unique contribution. I am

sure that the public and the medical professional will find it invaluable. -- Lawrence Corey, M.D.
--This text refers to an out of print or unavailable edition of this title.

I found the book very easy to read, and it provided a wealth of information. It not only outlines what Herpes is but offers insight into how and why people respond as they do when they find out they have it. It also covers how to tell a potential partner and, more importantly, how to limit the risk of transmission.

This book was very informative and motivating. It help me to understand some of the emotional effects of having a STD. It encourage you to keep living life to the fullest.

Excellent book though a bit outdated.

I thought this was a good book. It was a little hard to follow and I took my time reading it but it had good and thorough information on the subject with learning to live with it and treatment etc.

This was a great, condensed source of information.Thank You Mr. Ebel

Read this book! I've done research, and this is the best source I have found.Hi, I'm Julie, and I am no longer STD free as of February, 1998. My lover exposed me to this virus, and although he was very dishonest, and knew he was doing it, I think most of the time transmission happens with innocence &/or ignoracne.Most of HSV II (genital herpes) harborers/carriers do not know they have it. One can have this for years, transmit, and never have an "outbreak."Soon we will come to terms with this stigma. (Herpes is a 'dirty disease.') I was devastated when I learned that I had it, and my primary episode (first outbreak) was traumatic both physically and emotionally. I could not tell anyone, and suffered alone. My lover refused to tell me that he exposed me, and created an elaborate lie to explain it all. My doctor thought what I had could be Herpes, but did not treat me for it. Instead, she gave me multiple creams & savs that made matters worse. Even after Herpes II was identified, she insisted that I continue applying creams to the area -- and that is a mistake. I immediately learned all I could via the Internet. I knew to stop the creams, topicals, and to let air help heal the sores. My sores were so bad that I bled for four days -- not a period! The best source I have found is Ebel's book. This is an easy read, and full of very useful information.Read this book!I guess what I would like, in addition to this wonderful book, is a history of Herpes. I know in the past

we hid it, and were in denial, (that's how Herpes became such a negative stigma.) This book could benefit from a chapter on the history of Herpes Simplex II, & I. A vaccine is on its way -- it really looks like it is just around the corner.It's important to have a doctor that knows this stuff. Mine didn't. So, a dishonest lover & an ignorant physician can make life difficult, for a time.But -- I did do my homework & in days knew my options. Do your homework! -- read this book. Even though I hate that I am no longer STD free, I am kind of accepting that I am a person with just another very common microbe. It was not my fault that I got this. Even if it was, so what? It's not deadly. We build antibodies. This almost helps me to better accept myself and to find a true and intimate lover. I guess that is my next step.There is a lot of hope in Ebel's book. And, it can bring you down to earth in dealing with other STDs.Read this book! If you have any comments, questions, or just want to e-mail, do! Julie2July@AOL.com.

I've been an STD Patient Advocate since 1999. I have personally handed copies of this book to several people who have been diagnosed with herpes.I believe that it provides a clear overview of the herpes virus, the risks, the treatment options, the preventative measures and so forth.When a person is newly diagnosed, they can become overwhelmed with all the misleading information and even horrific photos they may find on the internet. This book is a means to minimize the confusion.If you are looking for a resource that explains the virus fully, this is it! If you are looking for a book that explains how best to live with herpes, check out Dr. Ruth's new book -- Dr. Ruth's Guide to Talking About Herpes.Two books that anyone with herpes won't want to be without!GaylaSTD Patient Advocate at [...]

I found this book at the American Social Health Association (ASHA) site after I was diagnosed with HSV. I was lucky to have a physician who recognized my sores immediately and prescribed the proper medication (Valtrex). The virus was suppressed within 5 days. Herpes is not a death sentence nor is it "dirty" as the social stigmas would have you believe. Get this book. Get the appropriate treatment. You will be fine!

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